

Instruction Manual

Product Number: FJS-F

Thank you for purchasing the THERMOS Vacuum Insulated Portable Mug. This page gives detailed handling instructions for the product.

For Household Use

Before Use

- Check that all the parts are included.
- Thoroughly clean all parts.

For Cold Retention Only



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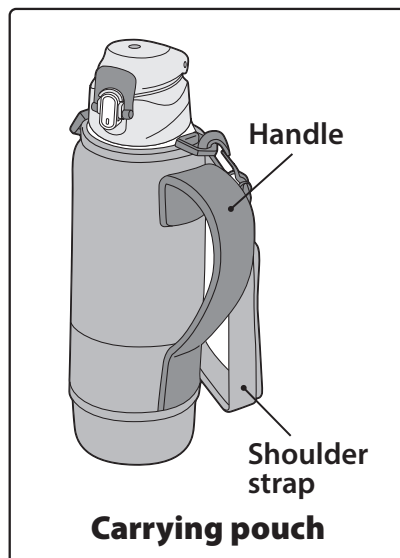
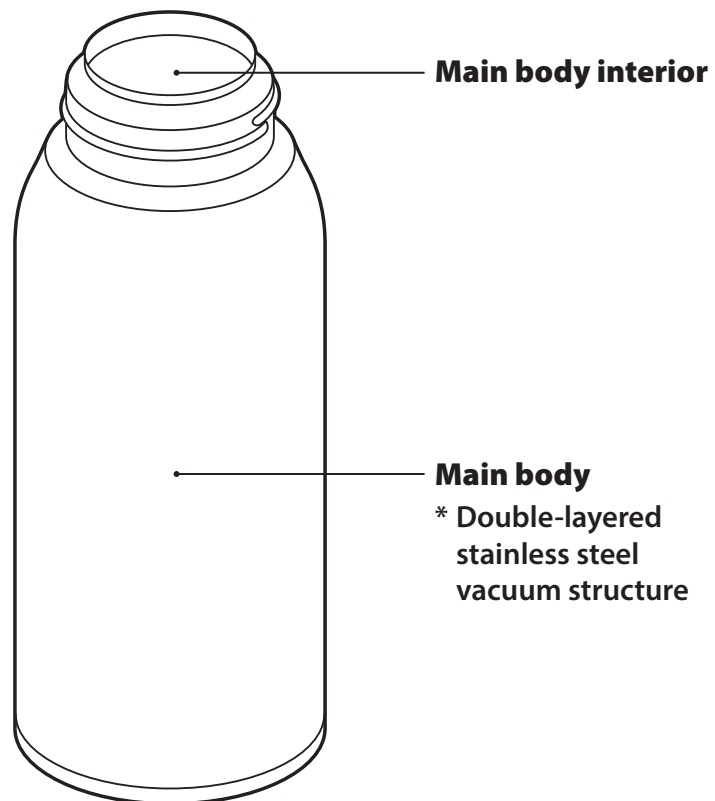
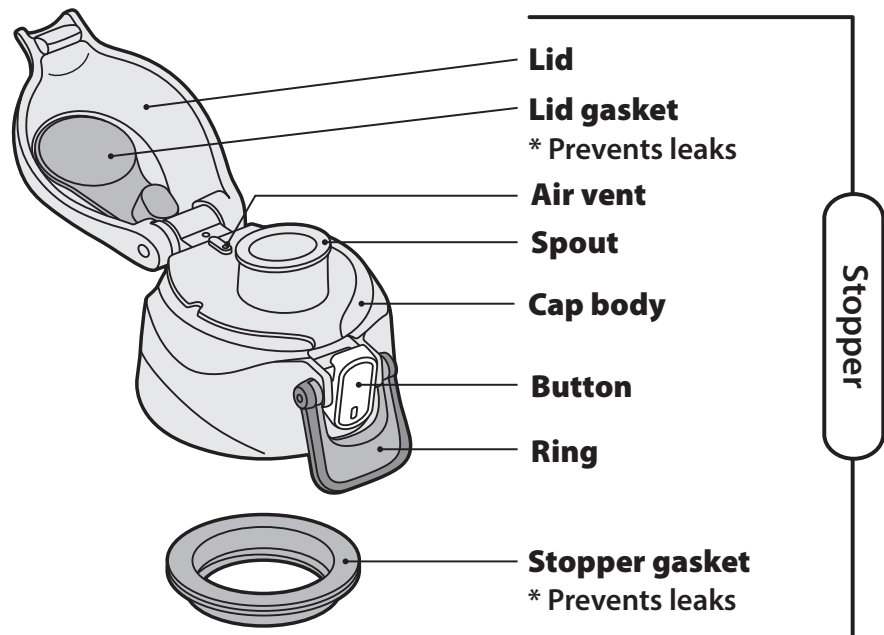
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Part Names

Before use, check that all the parts are included.



Properly attach the stopper's two dedicated gaskets.

* Otherwise, the contents may leak.

Precautions

Read these precautions carefully before use and be sure to follow them.

Meaning of displayed markings

■ To ensure that this product is properly used, the extent of harm or damage caused by improper usage is categorized as follows.

 Warning	This mark indicates content that could result in death or serious injury.	 Caution	This mark indicates content that could result in minor injury or property damage.
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■ Symbols

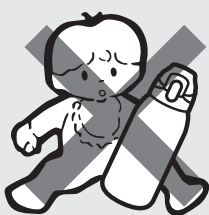
 Prohibited	This mark indicates actions to avoid.	 Required	This mark indicates actions that must be followed.
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Warning



Keep this product out of reach of young children. Also, make sure it is not used as a toy.

* Small parts are a choking hazard and are at risk of being swallowed. Also, this behavior may result in injury.



Do not pour a hot drink into this product.

* Otherwise, hot liquid directly entering the mouth may result in burns.
* If the internal pressure rises, the stopper may not open or may fly off, causing the contents to burst out and possibly resulting in burns, injury, or staining your belongings.



To prevent unexpected injury, carry the product in a bag or similar container whenever possible. When using the shoulder strap on the carrying pouch, be sure to follow the points below.



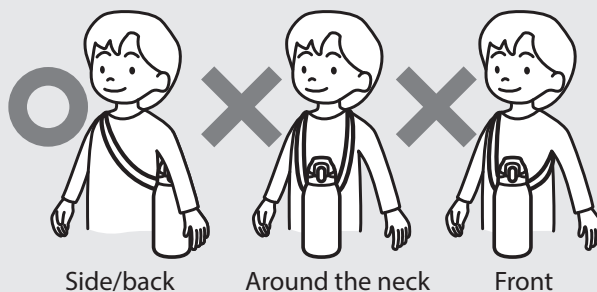
Do not wear the shoulder strap around your neck.

* The shoulder strap may get caught on other objects, possibly causing suffocation or injury. Be sure to wear it across your body.



Adjust the position so that the product is not directly in front of your body (your abdomen).

* If you fall, the product may press into your abdomen and cause injury.



Do not run or exercise while wearing the shoulder strap. Put down the product when playing.

* The shoulder strap may get caught on other objects, possibly causing suffocation or injury.
* If you fall, the product may hit your body and cause injury.

Caution



Do not use this product for purposes other than drink storage.

* Doing so may cause injury.



Close the stopper securely.
( P.6 ③)

* Otherwise, the contents may leak, possibly staining your belongings.



Do not leave this product near a stove, gas heater, or other fire source.

* Doing so may cause burns. Additionally, the product may become deformed, possibly causing leaks that could stain your belongings.



Precautions



Required

Properly attach the stopper's two dedicated gaskets.

(P.9 ③, P.10 ④)

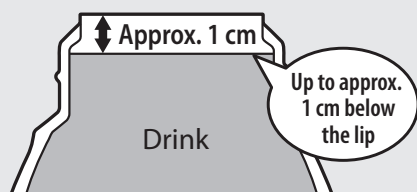
* Otherwise, the contents may leak, possibly staining your belongings.



Required

Keep the drink level below the prescribed position illustrated.

* Overfilling may cause the drink to overflow when closing the stopper. Also, the contents may leak during use, possibly staining your belongings.



(Cross section)



Required

Attach only the dedicated parts to this product.

* Otherwise, the contents may leak, possibly staining your belongings.



Required

Be careful of tipping over the product when the main body contains a drink.

* Otherwise, the drink may spill, possibly staining your belongings.



Prohibited

Do not boil this product.

* Heat may cause the product to become deformed, possibly causing leaks that could stain your belongings.



Prohibited

Do not put this product in the microwave.

* The metal parts will spark, possibly resulting in damage to the microwave.

* Heat may cause the product to become deformed, possibly causing leaks that could stain your belongings.



Prohibited

Avoid dropping the product, knocking it, or otherwise subjecting it to strong impact.

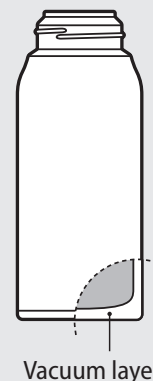
* Doing so may cause injury, or the contents may leak, possibly staining your belongings. It may also result in insufficient cold retention or a damaged stopper.



Prohibited

Avoid using this product if you hear sloshing sounds coming from inside of the double-layered vacuum structure (vacuum layer).

* If liquid from the vacuum layer seeps into the main body, consuming it may cause health issues.



Required

Avoid cramming large pieces of ice inside. Break them into smaller pieces.

* The maximum fill part on the mouth of the main body may become deformed, possibly causing leaks that could stain your belongings.



Prohibited

Do not leave a drink in this product for a long time.

* Otherwise, the drink may spoil or go bad. Also, if the internal pressure rises due to gases released through spoilage, the stopper may not open or may fly off, causing the contents to burst out and possibly resulting in injury or staining your belongings.

Never put the following inside the container.



Prohibited

Dry ice and carbonated drinks

* If the internal pressure rises, the stopper may not open or may fly off, causing the contents to burst out and possibly resulting in injury or staining your belongings.



Prohibited

Perishable items such as milk, other dairy, and fruit juice

* Otherwise, the drink may spoil or go bad. Also, if a drink is left unattended for a long time, gases released through spoilage may increase the internal pressure until the stopper cannot open or flies off, causing the contents to burst out and possibly resulting in injury or staining your belongings.



Prohibited

Tea leaves and pulp

* If the crevices become clogged, the contents may leak, possibly staining your belongings.

Precautions



Do not leave your beverage for too long inside.

* Otherwise, the drink may spoil or go bad.



Never modify, disassemble, or repair the product.

* Doing so may cause damage or result in an accident.



Do not attach or remove the stopper while the lid of the stopper is open.

* Deformation or damage may cause leaks, possibly staining your belongings.



Do not swing around the product while holding the handle or shoulder strap of the carrying pouch and do not pull the handle or strap forcefully.

* Swinging the product around may cause it to strike the people around you, possibly causing injury. Also, pulling too hard may damage the grip or shoulder strap.

Notes on Use

Refrain from inserting soups and other high-salt content items into the container.

* The main body uses stainless steel for its interior lining. However, exposure to salt may potentially cause rusting and diminish its ability to keep beverages cold for an extended period.

After use, immediately clean the product and thoroughly dry it. If you have gone out or otherwise cannot properly care for the product after use, quickly and thoroughly rinse the interior of the main body with water.

* Otherwise, the product may rust or lose its cold retention.

When placing the product in a bag, place it upright to prevent any potential leaks.

When carrying the product, be sure that the ring is locked.

Due to the product's structure, water droplets (condensation) may form on the stopper when humidity is high. Please handle with care.

Depending on usage conditions, the color of the carrying pouch may fade or stain.

Open the zipper on the carrying pouch slowly.

If the cold retention is reduced, stop using the product.

Do not peel off the protective sheet at the bottom of the main body.

* The product may lose its cold retention.



Protecting sheet

Before going out, turn the product upside down to check for leaks.

* If the product leaks, check the items listed in "In This Case" on P.12.

Do not put this product in the freezer.

* Doing so may result in damage or insufficient cold retention.

How to Use

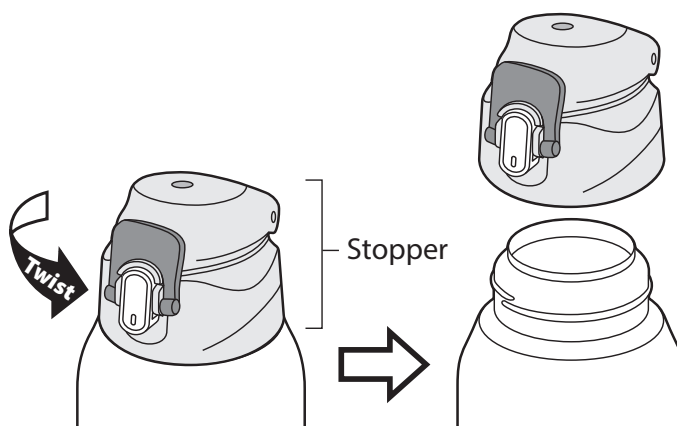
1 Removing the stopper

Twist the stopper in the direction of the arrow to remove it.

Before Use

Thoroughly clean the stopper and the inside of the main body.

(👉 P.8)



2 Pour in your drink

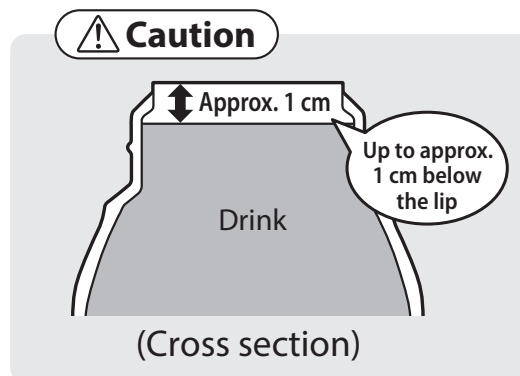
Keep the drink level below the prescribed position illustrated. Overfilling may cause the drink to overflow when closing the stopper.

Point



Before inserting the content, insert a small amount of cold water into the main body to precool the inside for about 1 minute. Doing so will increase its cold retention ability.

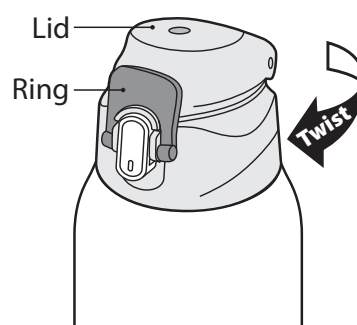
Caution



3 Closing the stopper

With the lid closed, twist the stopper in the direction of the arrow and close it securely.

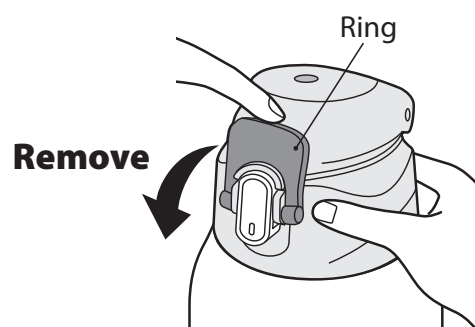
* Confirm that the ring is locked.



How to Use

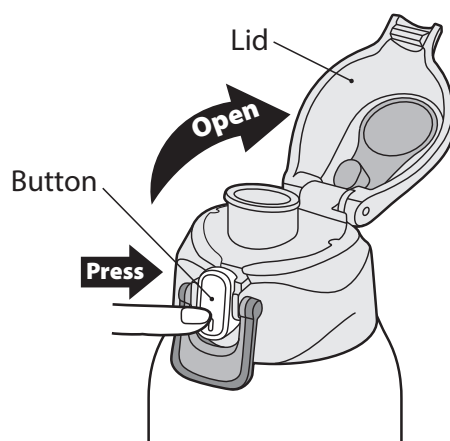
④ Drink your beverage

- ① With the main body upright, move the ring in the direction of the arrow to release it.

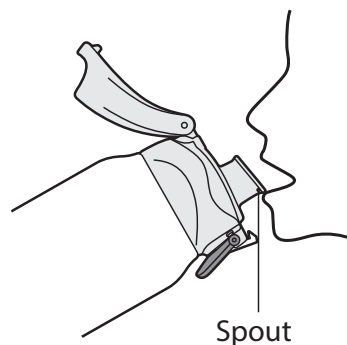


② Bottom of the button

Open the lid. (Move the lid to the position where it stays fixed.)

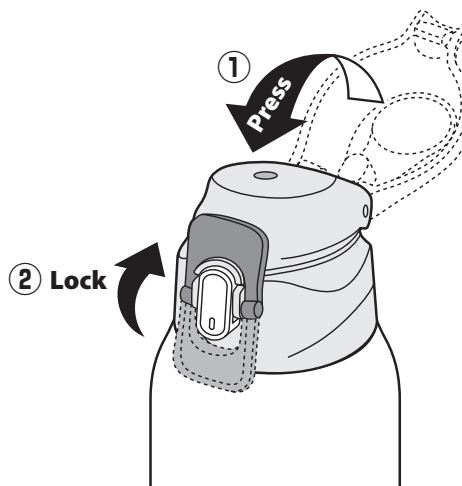


- ③ Bring the spout to your mouth, and drink your beverage while tilting slowly.



⑤ When finished drinking

- ① With the main body upright, press the lid until you hear a click to close it securely.
- ② Move the ring in the direction of the arrow to lock it.



Product Care

To prevent smells, stains, and mold and keep the product clean for a long time, always properly maintain it after use.

- After use, immediately clean the product and thoroughly dry it.
- Remove the lid gasket and stopper gasket and clean them thoroughly.
- If you will not be using the product for a long time, clean it thoroughly to remove any dirt, thoroughly dry it, and then store it in a place that is not too hot or humid.

Part name How to wash		Stopper		Main body	
		Lid Cap body	Lid gasket Stopper gasket	Inside	Outside
Running water rinse		✓	✓	✓	✓
Soak and wash		✓	✓	✓	✗
Bleach	Oxygen-based	✓	✓	✓	✗
	Chlorine-based	✗	✓	✗	✗
Dishwasher* Dish dryer		✓	✓	✗	✗
Heat resistance		100°C	140°C	—	—

* Before using a dishwasher, dryer, and detergent, check the instruction manuals to confirm the conditions of washable parts (heat resistance, etc.) and the washing method.

Carrying pouch	Hand wash ✓ Machine wash ✓	Wash with regular or lukewarm water below 40°C and thoroughly dry it.
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Precautions during Product Care

Before performing product care, read these precautions carefully and be sure to follow them.



Do not boil this product.

* Heat may cause the product to become deformed, possibly causing leaks that could stain your belongings.



Do not leave the main body in water.

* Water may enter the gaps, and the product may rust or lose its cold retention.



Do not use chlorine bleach (except for gaskets).

* Otherwise, the product may rust or lose its cold retention. Doing so may also damage the stopper.



Do not use paint thinner, benzene, steel scrubbers, polishing powder, or cleansers to clean this product.

* Doing so may cause rust, scratches, or damage.



Do not use a dishwasher or dish dryer to wash the main body.

* The paint, printing, or stickers may peel off.



Do not use bleach to clean the outside of the main body.

* The paint, printing, or stickers may peel off.

Carrying pouch



When washing in a washing machine, place the item in a laundry net and use a gentle cycle.



Do not wash with other items.

* Color fading may occur.



Do not use bleach or a dryer.

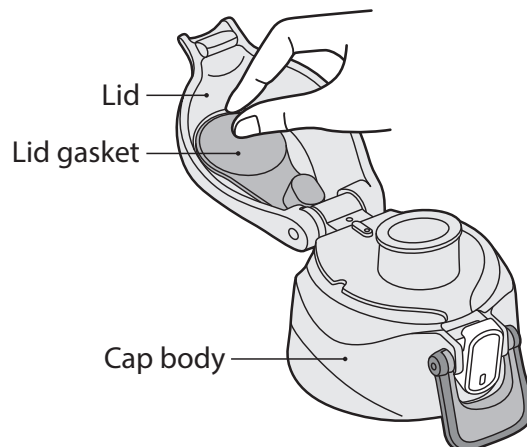
Product Care

How to remove and attach the lid gasket and stopper gasket

■ How to remove the stopper (👉 P.6 ①)

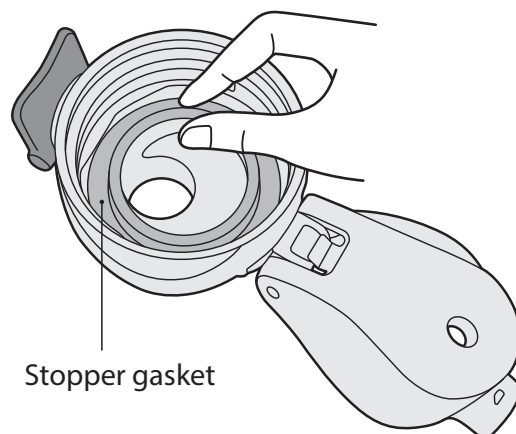
① How to remove the lid gasket

Insert your finger between the lid and the lid gasket, peel back the edge of the lid gasket, and remove it.



② How to remove the stopper gasket

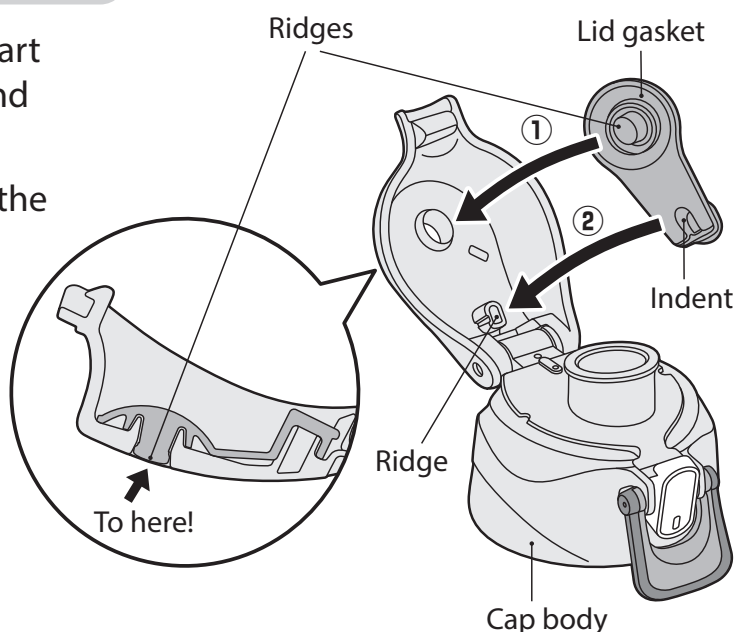
Pinch the edge of the stopper gasket and pull it off.



③ How to attach the lid gasket

① Firmly push the protruding part of the lid gasket into the round hole in the lid.

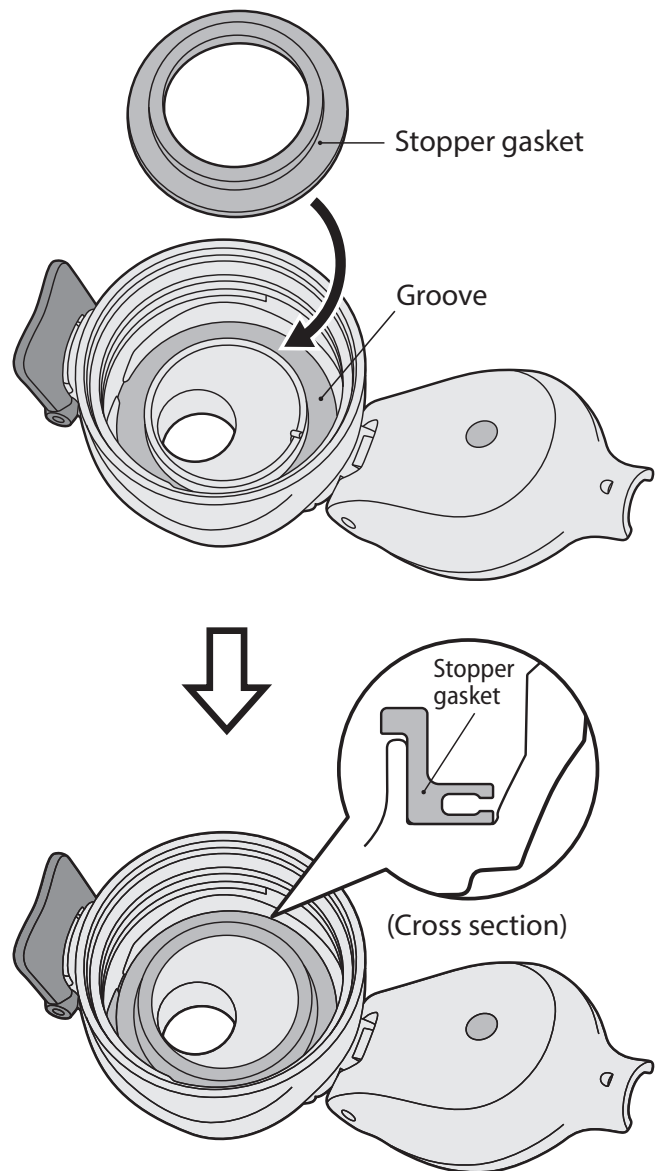
② Insert the protruding part of the lid into the indent on the lid gasket.



Product Care

4 How to attach the stopper gasket

Insert the flat side of the stopper gasket into the groove on the cap body. After you attach it, press evenly around the stopper gasket to ensure that no part is raised.



Product Care

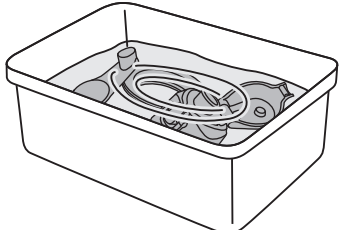
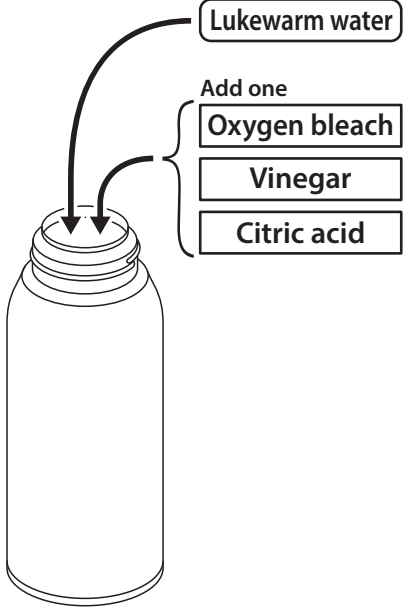
Normal product care

- Use neutral dish detergent that is diluted in lukewarm water, and after rinsing, drain out all of the water and thoroughly dry the parts.

Stopper Lid, cap body, lid gasket, stopper gasket 	Use a soft sponge. * After product care, be sure that the gasket is attached in the proper place. (P.9 ③, P.10 ④)
Main body 	Use a soft sponge or bottle brush. Wipe the outside with a dry cloth immediately after washing. * Otherwise, water droplets may leave marks or cause rust.

Thorough product care

- Use kitchen bleach in accordance with its warning label, and after rinsing, drain out all of the water and thoroughly dry the parts.

Stopper Lid, cap body, lid gasket, stopper gasket 	For tea stains, etc. Mix bleach and water in a bowl or other container, and soak each of the parts. (Approx. 30 min.) Prohibited Do not use chlorine bleach for the lid or cap body. * Doing so may cause rust or damage the stopper.
Main body interior 	For tea stains, etc. Use oxygen bleach only on the inside. (Approx. 30 min.) Prohibited: Chlorine bleach Do not attach the stopper. * Doing so is dangerous, as pressure will rise inside the main body, and the stopper may suddenly fly off. Specks of red rust This is caused by a buildup of iron and other impurities in the water. Pour a mixture of 90% lukewarm water and 10% vinegar into the main body, and then wait about 30 minutes before rinsing it well. Gritty residue This is caused by a buildup of calcium and other impurities in the water. Pour a mixture of lukewarm water and 1% to 2% citric acid into the main body, and then leave it for about 3 hours without attaching the stopper before rinsing it well.

In This Case

If an uncertain situation arises, check the items below.

Issue	Cause	Solution
The stopper is leaking.	The stopper is not securely closed.	Close the stopper securely. (👉 P.6 ③)
	The lid is not securely closed.	Close the lid securely, and securely lock the ring. (👉 P.6 ③, P.7 ⑤)
	Too much drink is inside.	Keep the drink level below the prescribed amount. (👉 P.6 ②)
	The gaskets have slipped.	Securely attach the two gaskets in the proper positions. (👉 P.9 ③, P.10 ④)
	The stopper or gaskets are damaged or worn.	Purchase replacement parts, which are sold separately. (👉 P.13)
The inside of the main body is discolored.	The interior is stained.	Use oxygen bleach to clean the interior. (👉 P.11)
	Specks of rust are attached to the interior.	This is caused by a buildup of iron and other impurities in the water. Use vinegar to clean the interior. (👉 P.11)
	Gritty residue is attached to the interior.	This is caused by a buildup of calcium and other impurities in the water. Use citric acid to clean the interior. (👉 P.11)
The cold retention is ineffective.	The drink put inside was not cold enough.	Pour a cold drink into this product. Precooling the inside of the main body before use is also effective.
	There is not enough drink.	Increase the amount of ice or drink.
The product smells bad.	The inside of the main body or the stopper is dirty.	Clean the product and thoroughly dry it. If this does not remove the smell, use oxygen bleach. (👉 P.11)
The gasket is discolored.	The gasket is stained or moldy.	Use bleach to clean the gasket. (👉 P.11) If the dirt or mold cannot be removed, dispose of the gasket and purchase a replacement, which is sold separately. (👉 P.13)

How to Purchase Replacement Parts (Sold Separately)

Confirm the product number and color name, and then make a purchase using the method specified below.

(The product number and color name are indicated on the sticker attached to the bottom of the main body.)

① **THERMOS online shop (replacement part sales)**

https://www.shopthermos.jp/shop/goods/p_search.aspx

Order parts from the URL above. (Please be aware that the available parts are limited.)

Web address: <https://www.thermos.jp/>

To improve the product, some of its specifications may be changed without prior notice. Therefore, please be aware that the illustrations in this guide may differ slightly from the actual product.